



Kingswood Elementary School News

March 2024

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Principal: Mrs. Andrea Briand
Vice Principal: Ms. Martha Walsh
Admin. Assistant: Mrs. Jennifer Kennedy

X: @Kingswood2

Reminders:

- Mar. 1 Pancake and Pajama Day
- Mar. 11-15
March Break
No School
- Mar. 18 Assessment And Evaluation Day
No school for Students
- Mar. 28 Report Card Day
- Mar. 29 Good Friday
No School for Students
- Apr. 1 Easter Monday
No School for Students
- April 4 PD Morning
Parent/Teacher Afternoon
No School for Students

Principal's Message

February was an exciting month with a lot going on here at Kingswood. Throughout the school year we enjoy learning about and celebrating the contributions of African Nova Scotians. During the month of February, African Heritage Month, we enjoyed exploring this year's theme of "Our Smiles, Our Joy, Our Resilience as African Nova Scotians." We also celebrated Valentine's Day and Flag Day.

We learned about William Hall who was the Honouree of Heritage Day this year. We learned about his distinguished Military career.

The PSA Bingo was a success. Thanks to our PSA and all those volunteers who helped with the set-up and tear down. Many hands truly make light work.

We also had some winter storm days and lots of mixed weather. We have embraced it all! We continue to get outside every day so keep sending your children with lots of warm and extra clothes incase they get wet.

We are glad that March is finally here and we hope to see some signs of spring soon.

Andrea and Martha

March 1— Pancake Breakfast/Pajama Day

On Friday we will be having a pancake breakfast for all of our students. Students are welcome to wear pajamas that day too!

Report Cards

Term 2 Report Cards will be going home on Thursday March 28. Parent/Teacher Meetings will be held the following week, Thursday April 4th. There will be No School for Students on April 4th.

March is Nutrition Month

Did you know? March is Nutrition Month! This is a great time to explore and learn about food. An important part of this is food literacy, which includes having the knowledge and skills to grow, choose, prepare, and talk about food.

Some ways to engage your family during Nutrition Month:

- Get kids involved in meal planning. Ask them to help choose recipes, write out grocery lists and explore grocery store flyers.
- Make cooking a family event! Kids can participate in age-appropriate tasks, such as measuring ingredients or setting the table.
- Enjoy meals together when you are able. Mealtimes can be a great time to connect in conversation.



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Did you know? March is Nutrition Month

A Healthy School Community:

- Recognizes that healthy students learn better and achieve more;
- Understands that schools can directly influence students' health and behaviours;
- Encourages healthy lifestyle choices, and promotes students' health and well-being;
- Incorporates health into all aspects of school and learning;
- Links health and education issues and systems; and
- Needs the participation and support of families and the greater community!



March Break

Reminder that March Break is March 11-15 and all classes will be canceled.

For Elementary and Junior high: Please note that Monday, March 18 is an Assessment & Evaluation Day. Classes will resume on March 19.



Looking for some March Break fun?

There are all kinds of wonderful things to do if you happen to be staying here for March Break. Here is a website that has lots of ideas for families who want to keep busy.

<https://www.familyfuncanada.com/halifax/category/march-break/>

